

THE MOST ANTICIPATED EVENT OF THE YEAR

Grab your Sisters, your Moms, your Daughters and your Girlfriends: you won't want to miss this life-changing day filled with learning, laughter, evolvment, shopping and gift bags!!!

Who Says You Cannot Live Your Dreams? Gutsy Living 101

THE COURSE



- Does your life reflect your values and who you truly are?
- Are fears blocking you from moving forward?
- Are you frustrated with feeling you are going in circles and always hitting the same walls?

If you said yes to any of those questions, then mark November 3rd, 2013 in your calendar. A day for women that will transform your dreams from fantasies to reality!

This remarkable all day conference is being led by Canada's top relationship experts of Empowered Women (authors of "How Cinderella Grew Up and Became a Happy Empowered Woman" soon to be featured on Amazon.com) and special guests the "Dream Team" of The Montreal Center for Anxiety and Depression.

Our last event had 150 women whose lives were changed forever

Is it time for you to take the step?

TREAT YOURSELF, YOU DESERVE IT!!!!

Stop putting your dreams and happiness on hold. Learn how to reach for and touch the stars! Reserve now 514-777-4530.

Follow us on Twitter @womenworkshops | Follow us on Facebook @ Empowered Women Groups



An incredible all day conference that will change your life!

Sunday, November 3rd, 2013

9:30 AM – 5:30 PM (9am registration)

The Montreal Neurological Institute

3801 University St., Montreal - Metro McGill
Advance Tickets: \$99.99 At the door: \$129.99
(includes workbook, lunch, gift bags and snacks)

Exclusive mini mall: Unique products for women to shop for!

Register online: www.EmpoweredWomenWorkshops.Com

E-mail: empoweredwomenmtl@hotmail.com

Or call 514-777-4530 or 514-978-2924



SPADIVA

Win a day at Spa Diva

Courtesy of Empowered Workshops Montreal Center for Anxiety & Depression and The Suburban

To enter - buy your tickets online at

www.EmpoweredWomenWorkshops.Com

enter code "SUB"

to be automatically entered.

Winner to be announced at the event.

We thank our sponsors for their support: